

# 10 WAYS TO PROTECT YOUR PATIENTS FROM CYBER THREATS



Cyber-attacks are on the rise in the healthcare industry and it is up to all of us to keep our patients safe. Being cyber-prepared is everyone's responsibility, and to get started, check out the below ten best practices to ensure you are keeping your patients safe!



Report suspicious emails. This is the number one way bad actors get access to patient information.



Always ensure to protect your computer, phone and any other connected technology. – Loss of equipment or data is one of the top five cybersecurity threats to the healthcare industry.



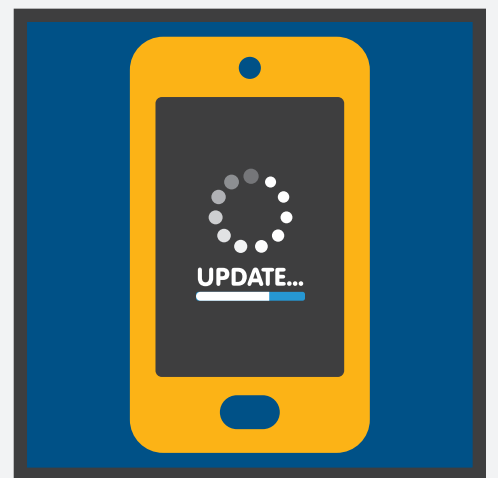
Use strong passwords and keep them secure. Weak or default passwords leave your patients' data and safety at risk.



Always ensure you are protecting your patient's data by using encryption and get to know your organization's policies when accessing and transmitting sensitive data.



Always keep your organization informed on the IT assets you possess and purchase, including computers, phones, tablets, and any other devices.



Be sure to keep all of your technology assets up to date by following your organization's policies on software updates and virus protection software.



Be very careful when accessing your organization's network from a remote location. Hackers frequently intercept open Wi-Fi networks, which could leave your organization's networks at risk.



Practice cyber vigilance by knowing your organization's process for reporting suspicious activity or known cyber-attacks. Timely reporting may potentially lower the impact and damage.



Protect connected medical devices in your organization by ensuring the equipment is up-to-date and all new software patches are verified, tested, and installed promptly.

**To best protect your patients, always be in the know of your organization's cybersecurity policies. To learn more contact your cybersecurity professional.**

NAME OF CONTACT

EMAIL AND/OR NUMBER



**HHS 405(d)**  
Aligning Health Care  
Industry Security Approaches

*To learn more about cybersecurity best practices and the 405(d) Program*  
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